

NEW

# balori® e-coordination interactive training system



balori®

zebris

# balori® – coordinated from head to toe. Independent, easy, flexible.



Reaching you goals easily by comparing with an avatar

The new balori® e-coordination training is a system to improve basic coordination which seamlessly fits into the training surroundings of modern fitness and wellness studios as well as rehabilitation facilities and physiotherapeutic practices. The system makes the presence of a trainer unnecessary and is therefore completely independent of trained staff and flexible with regard to time.

The easy-to-use, virtual 3D instruction with an avatar on the large screen turns the coordination and balance training from head to toe into child's play! The system is suitable to improve your quickness of action and your ability to adapt, to strengthen and stabilize the back and joint muscles as well as to train good timing and safe movement. These factors are important for fall prevention with advancing age.

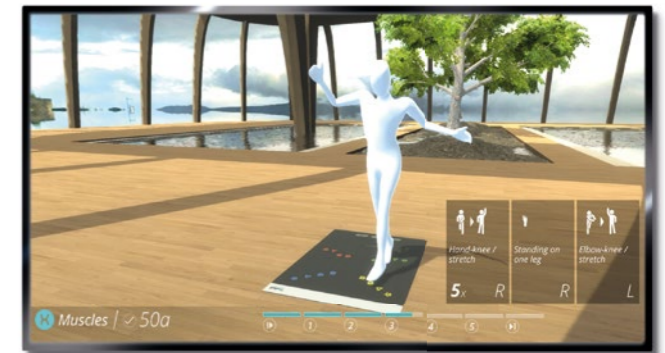
- Functional coordination training
- Balance training
- Orientation training
- Strength training

balori® e-coordination training effortlessly guides the user through the first simple exercises to more complex motion sequences with its built-in fully automated instruction program. Thanks to its thought-through software it gives objective feedback on balance and correct execution of the exercise.

Each set of exercises has the option for beginner, intermediate or advanced levels. After an introduction, everyone can use the system without any further instruction.

Depending on the training success, the exercises' degree of difficulty is increased and can be adapted to the individual performance level.

The user takes control over his training and has the possibility to monitoring the results in the evaluation report.



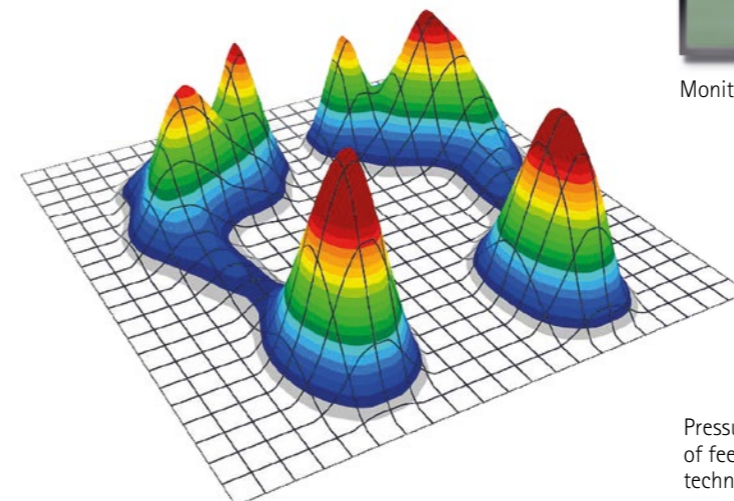
3-D introduction with avatar in demonstration mode



More than 60 exercises in different levels are available



Monitoring your own training



Pressure Distribution Measurement of feet with capacitive sensor technology from zebris

# balori<sup>®</sup> system components

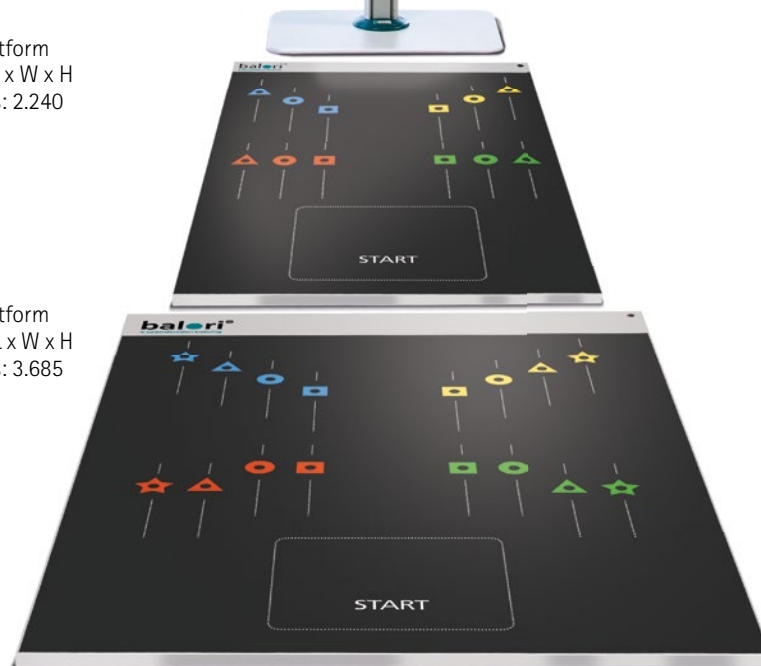


Screen with stand  
High-performance PC  
Camera for tracking 3d movements  
balori<sup>®</sup> software with more than  
60 systematic exercises



zebris pressure platform  
120 x 82 x 2,1 cm L x W x H  
Number of sensors: 2.240

zebris pressure platform  
140 x 110 x 2,1 cm L x W x H  
Number of sensors: 3.685



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